

St. Joseph Regional Medical Center

(SJRMC), Lewiston, Idaho

Diabetes Center

2012 FREE DIABETES CLASSES

<p>January</p> <p><u>"Love Your Feet"</u></p> <p>Tuesday, January 17 @ 9:00am</p> <p>Conference Room C</p> <p>Presented by: Jolene Tucker, RN, CFCN, CWOCN & Samantha Musser</p>	<p>February</p> <p><u>"Taking Control"</u></p> <p>A1C Champion</p> <p>Wednesday, February 8</p> <p>Two available presentation times: 8:30am or 6:00pm</p> <p>Conference Room C</p> <p>Sponsored by: Sanofi Aventis</p>	<p>March</p> <p><u>"Get Your Plate in Shape"</u></p> <p>Thursday, March 29 @ 10:00am</p> <p>Conference Room C</p> <p>Presented by: Courtney Goff</p>
<p>April</p> <p><u>"Pre-Diabetes"</u></p> <p>Wednesday, April 11 @ 8:30am</p> <p>Conference Room C</p> <p>Presented by: Susan Rauch</p>	<p>May</p> <p><u>"Diabetes ABC's: What do all these numbers mean anyway?"</u></p> <p>Wednesday, May 9 @ 6:00pm</p> <p>Conference Room 1</p> <p>Presented by: Timothy Dykstra, DO</p>	<p>June</p> <p><u>"Improving Health One Step at a Time"</u></p> <p>Tuesday, June 19 @ Noon</p> <p>Conference Room C</p> <p>Presented by: Jeanne Laws, RN, MN, CDE</p>
<p>July</p> <p><u>"Diabetic Foot Care Tips"</u></p> <p>Tuesday, July 17 @ 11:00am</p> <p>Conference Room C</p> <p>Presented by: Samantha Musser</p>	<p>August</p> <p><u>"Pre-Diabetes"</u></p> <p>Tuesday, August 28 @ 1:00pm</p> <p>Conference Room C</p> <p>Presented by: Courtney Goff</p>	<p>September</p> <p><u>"Diabetes Boot Camp"</u></p> <p>Tuesday, September 18 4:00pm-6:00pm</p> <p>For anyone caring for a child with type 1 diabetes</p> <p>Conference Room C</p> <p>Presenter: Susan Rauch</p>

<p>October</p> <p><u>"Diabetes and Eye Care"</u></p> <p>Monday, October 8 @ 11:00am</p> <p>Conference Room C</p> <p>Presented by:</p> <p>Dorian Rammell, OD</p> <p>Eye Care Specialists PS</p>	<p>November</p> <p><u>"Diabetes Awareness Day"</u></p> <p>Wednesday, November 14</p> <p>Presented by:</p> <p><i>SJPMC Diabetes Educators</i></p>	<p>December</p> <p><i>You must be the change you wish to see in the world. ~Mahatma Ghandi</i></p>
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Please call with questions (208) 799-5227